**Tao of Trauma – Summer/Fire/Restoring Coherence**

* Explore the interface of the Five Elements of AAM and the autonomic nervous system in survivors of trauma.
* Explore “the personality” of the Heart, Small Intestine, Pericardium and Triple Burner in restoring the social engagement response and anchoring a felt-sense of successful survival in trauma survivors.
* Explore the poly-vagal system and the critical role of the kidney/heart axis from an integrative, East-West perspective.
* Learn ways to cultivate pericardium function via the 5 sensate portals of connection. Use the physiology of the ventral vagus nerve to enhance your intervention.
* Explore the relationship between connection and individuation as expressed in the connective tissue and the Triple Heater meridian.
* Learn interaction, observation and touch skills that help restore the Heart’s spirit and capacity for relationship with self and others.