



Integrative Healing

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On-Line Case Consults – Cultivating community in the tradition of the Tao of Trauma

America needs its healers. How can we best help?

Sessions include opportunities to:

- Present patients
- Ask questions
- Discuss the role of healers in the healing of our communities and world

Case Studies Queries

If you would like to present a patient, please prepare answers to these questions in advance of our session and send them to Alaine at alaine.duncan@integrativehealingworks.net. She will let you know when your patient can be presented.

1. What is the most important thing your patient wants from their treatment experience with you (in their own words).
2. What are their resources – what activities, experiences, behaviors or people are the most helpful to them for managing their dysregulation?

3. Are there relevant Western diagnoses? Please include any Western laboratory data. Do you have concerns about other potential Western diagnoses?
4. Are they taking any medications, herbs or supplements? Which ones and at what dosage?
5. Does your patient have symptoms that are not responding, as you would expect them to?
6. What other providers are they seeing? Are there providers you would like to collaborate with?
7. Please provide a 2-3 day food diary prepared by patient. Is your patient either below or above normal body weight?
8. If you are an acupuncturist –
 - a. What is their constitutional type?
 - b. What are their 3 primary zang/fu patterns?
 - c. What were your last 3 treatments, how were they received in the moment, and later?
9. What is your question about caring for this patient?