

Name: _____ Phone: _____

Email: _____

Address: _____

License or Certification:

Acupuncture

Massage Therapist/Bodyworker

LCSW or LSW

RN

LCPC or LPC

MD

Other: _____

_____ I am applying for the **Teacher Certification Program**. I have read the description of the requirements for this course and agree to them.

_____ I understand that I will receive information about this class via email and that I am responsible for checking my email, including spam folders, for class information.

Please prepare a 2-3 page description of the Class that you envision. Include 3-5 goals, anticipated timeline, and potential collaborators. Include how you envision integrating foundational principles of the Tao of Trauma in the course you design.

Please also consider these Tao of Trauma Values:

METAL - Respect

Our bodies carry trauma's impact – and are the gateway for profound healing. We acknowledge and honor the inherent capacity of our bodies to heal.

WATER - Protect

Our approaches are reliably anchored in both established and emerging Eastern and Western science. They have deep roots, both scholarly and wise.

WOOD - Encourage

Our approaches offer grounded and clear hope and possibility for survivors. They inspire flexible and creative application by a wide range of clinicians.

FIRE - Love

We affirm that in the presence of a coherent vibration of the heart, victims and perpetrators, families and communities can find relationship and heal.

EARTH - Support

We support transformation of traumatic stress, assimilation of life lessons and building more resilient individuals, families and communities.

Please email completed applications to: alaine.duncan@integrativehealingworks.net
and tracey@princetonmindbody.com

Applications are due January 2, 2026.

We anticipate informing applicants by January 5, 2026 and having our first meeting in late January 2026.